

## Kyle Isaacson

### The Five Point Spread

- 3rd Year Clinical Student in PhD Program
- Research Fellow to Jim Furrow in the Emotion Focused Therapy Lab
- Working on his dissertation examining implicit measures of attachment in a field-based clinical sample.
- Hopes to never stop teaching, clinical work or research.
- Hopes you will pay off his student loans.

## MEETING KYLE...

Kyle Isaacson was happy with Seattle and Seattle was happy with him. But he now finds himself at Fuller suffering through endless sunlit days, endless hours in traffic, and endless pages of reading. At least his wife was good enough to agree to suffer alongside him for a season. He owes her big.

Kyle has been married for five years and to a therapist no less! An MFT himself, their arguments crackle with

insight, relational awareness, and "I feel..." sentences. To get an edge, he is studying couples treatment and under the tutelage of Jim Furrow will become superiorly emotionally-focused.

Kyle loves novels and baseball, but not the two together (which means no baseball novels or novel baseball) and his ultimate day would be with his wife enjoying ice cream and a nice nap. TRI approves.

Someday Seattle will call, and Lahela and Kyle will answer, packing up and moving back to the Northwest where Kyle will get to teach, research, do clinical work and try to keep up with Lahela. And this will happen much sooner if you pay off his student loans! Kyle looks forward to your phone call where you can then ask, sensitively, "How do you *feel* now that I've paid off all your student loans?"



Kyle Isaacson

### Recent Presentations

Quek, K., Isaacson, K., Agiropoulou, M., & Pavlopoulos, V. (2008). Marital satisfaction in Greece: Role of social values, conflict, and self-disclosure. Paper Presented at the National Conference on Family Relations.

## REGARDING RESEARCH...

Kyle is fascinated by research that aspires to better understand interpersonal dynamics and the therapeutic process, particularly in the realm of couples treatment. He hopes to join the ever-growing body of work in support of understanding and applying Emotionally-Focused Couples Therapy.

Kyle has been involved in research since his undergraduate

studies at Pepperdine University and continued during his master's program at Seattle Pacific University. When at Seattle Pacific he had the opportunity to collaborate with scholars from Athens, Greece and presented his research at the National Council on Family Relations conference. He waived the master's requirement at Fuller but is working on a manuscript investigating

attachment and infidelity for publication or presentation.

His dissertation project sets out to examine implicit measures of attachment in a field-based clinical sample. Ultimately he hopes to continue research as a tenure-track professor. His interest in studying couples treatment branches off into equally interesting topics, including adult attachment, recovery from

infidelity, and the processes that promote therapeutic change.

He graduated from Pepperdine University with a Bachelor's in Psychology and from Seattle Pacific University with a Master's in Marriage and Family Therapy.