

## Courtney Foltz

### The Five Point Spread

- 4th Year Clinical Student in PsyD Program
- Youth at Risk + Trauma + Positive Youth Development + Resiliency = Awesome!
- Research Fellow to Jim Furrow in the Thriving Conversation Project
- Her dissertation will be based off of the research she is doing in the Thriving Conversation Project
- GO STEELERS!!!



Courtney Foltz

## MEETING COURTNEY...

Courtney Foltz is a 4th year clinical student in the PsyD program. In any normal school she would be done by now.

A West Virginian at heart, the country roads can take Courtney home (obligatory John Denver shout-out... check). However, she enjoys adapting to new places and can feel at home just about anywhere. This trait is being severely tested by the bizarre affectations of Californians and their

rage inducing traffic.

Courtney has a twin. This is great because having a twin is a dependable conversation starter, working equally well for dinner parties, second dates, and church fellowship hours. Her twin brother also happens to be a married pastor in Drexel, Missouri whose life purpose is to keep the pressure off of Courtney to get married and have kids. Grad school first! Priorities!

A perfect day for Courtney includes stellar people, delicious food, excellent music, and gorgeous creation. But if you are a less than stellar person, who can make a decent sandwich and appreciates a good tune, I'm sure Courtney will be gracious enough to enjoy your company. She might share her love of the Steelers with you, introduce you to a new musician, or even tell her about her twin.

Courtney hopes to continue to work with youth at risk and their families. She also is interested in humanitarian work and missions. Perhaps someday she will return to Africa to do work there. Then, again, she will be able to adapt and make "home" again in another new place. But she will never stop rooting for the Steelers.

## REGARDING RESEARCH...

Courtney's research interests primarily circle around her passion for youth and seeing them thrive. Her areas of interest include youth at risk, trauma, positive youth development, and resiliency.

She is a fellow this academic year working in the Thrive Center with Jim Furrow on the Thrive Conversation Project. This has been an exciting opportunity to work with Children of the Night, an organiza-

tion who works to teenage prostitutes to create a different future for them off of the streets.

Her dissertation will be based upon her work with the organization, looking in depth at the experiences of the youth in this program.

Courtney has always had a passion for working with youth. Before coming to Fuller this passion was directed to-

wards work with different youth ministries as well as into work overseas in Zambia and Benin. At Fuller this now is getting directed through her work with the Thrive conversation project.

Long term, Courtney hopes to work with marginalized youth who have faced trauma or experienced grief, and use positive youth development to help them gain resiliency in order to become thriving

adults who can contribute to society. Also, she plans on doing work with youth and their families.

She graduated from Mount Vernon Nazarene University with a Bachelors in Psychology and minor in Youth Ministry and in music.