

Casey Clardy

The Five Point Spread

- 5th Year Clinical Student in the PhD Program
- Research Fellow for Dr. Pam King in *Exemplars of Spiritual Thriving in Adolescence*
- Her dissertation will explore spiritual coping in diverse adolescents.
- Is part of a family of four red-heads!
- If she was to describe her research professor she would call her an almond: mixes well with others, can also stand alone... works well in sweet and sour situations!

MEETING CASEY...

Once upon a time Casey Clardy was born in Alabama where she was raised on Southern charm and hospitality, and a healthy appreciation for food, friends and fun! She brought these values with her to Pasadena where she is a 5th year PhD student in the School of Psychology.

She currently makes her abode with two roommates in Sierra Madre, having finally escaped the clutches of

Fuller housing. With her new found freedom, she continues to travel! She made her way down to Guatemala with Fuller and, recently, has discovered the wonders of the Amtrak trains here in California, even meeting a train robber!

Wherever she goes, someday, Casey will be doing some combination of clinical work, applied research and consultation with underserved populations and the

organizations that serve them.

Sadly, we asked Casey too many questions, for this interview... so if you see her, don't ask her any more. Rather, just stand and wonder what mystery internship site she will be matched with in February, where she will make her new "home", continue to travel on trains, enjoying food, friends, and fun, and continue to follow wherever God leads!

REGARDING RESEARCH...

Casey is interested in cross-cultural perspectives on adolescent spiritual development and thriving

Since coming to Fuller, Casey has been working with Pam King on an international study of adolescent spiritual exemplars nominated for living with a profound sense of spirituality across 5 continents. Her dissertation will continue in this vein, focusing on spiritual coping and instances of suffering in this sample of

exemplar youth.

She has also been working with Dr. King's research project in conjunction with World Vision developing a Measure for Adolescent Spiritual Development. Currently, they are in the process of validating a Spanish measure that is cross-culturally contextualized with youth in Tijuana, Mexico and will serve to inform spiritually-integrated community interventions to promote health, spirituality

and thriving in youth.

She has often found opportunities, such as this, to put to use her fluency in both Spanish and English. She practices therapy in both languages at her pre-internship, Los Angeles Christian Health Centers and as a Pastoral Intern at Hope Community Church.

She graduated from Samford University with a Bachelor in Psychology, Communication Studies and



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Recent Publications

Clardy, C. E., & King, P. E. (accepted). Religious involvement among adolescents. In B. B. Brown, & M. Prinstein (Eds.), *Encyclopedia of Adolescence, Volume 2: Social Development, Interpersonal Relations, and Sociocultural Factors*. Elsevier Press.

King, P. E., Ramos, J. S., & **Clardy, C. E.** (accepted). Searching for the sacred: Religious and spiritual development among adolescents. In K. I. Pargament, J. Exline, & J. Jones (Eds.), *APA Handbook of Psychology, Religion and Spirituality*. Washington D.C.: American Psychological Association.

King, P. E., Ramos, J. S., & **Clardy, C. E.** (in press). Spirituality and Positive Youth Development. In J. W. Cheon (Ed.), *Youth Spirituality and Positive Development*. English and Korean versions.